

LUNCH

TODAY'S SOUP

Sliced, seasoned and simmered in our kitchen!
Served with fresh biscuit or tortilla chips & salsa
Cup... 3.99 Bowl... 5.99

SOUP & SALAD COMBO

A cup of today's soup with choice of salad below
with fresh biscuit or tortilla chips & salsa... 12.99

SALADS

Always made with homemade dressing.
Served with fresh biscuit or tortilla chips & salsa
Small... 8.99 Large... 12.99

Add 4oz. grilled chicken breast or
4oz. grilled salmon filet to one of our fine salads.
Small... 12.99 Large... 16.99

SPINACH SASKATOON

Spinach, broccoli, oranges, almonds, red onion &
our Saskatoon vinaigrette, nice with grilled salmon

WINE & CHEESE

Mixed greens, creamy goat cheese, red grapes,
pecans & our balsamic vinaigrette, great with chicken

MEADOW

Mixed greens, carrots, beets, tomatoes, cucumbers
& our balsamic vinaigrette, perfect with chicken or salmon

CAESAR

Romaine, wholewheat croutons, grated parmesan
& our lemon garlic Caesar dressing, nice with chicken

MEADOW SCOOP

Meadow salad topped with a scoop of
curried chicken salad, egg salad or hummus
served with tortilla chips for scooping
Small... 11.99 Large... 15.99

NEW
salad

Let the Lady Host Your EVENING PARTY OR WEDDING

25-100 guests

More information at
www.ladyofthelake.ca

AT THE

QUICHE

Served with choice of a cup of soup, salad, or prairie fries with sun dried tomato ketchup plus fresh biscuit... 15.99

Would you like prairie fries with that?

LUNCH COMBO

Combination of a cup of soup, salad and a sandwich. Please choose from today's soups, also choice of salad plus a sandwich, look below: 1/2 sandwich...12.99 whole sandwich...14.99

YOUR WAITER HAS THE INFO ON OUR
GLUTEN FREE
SOUPS, BREAD, PIZZA & DESSERTS

SANDWICHES

Made on organic multi-grain bread with veggies & ranch dip, tortilla chips & salsa... 9.99 or with cup of soup or salad or prairie fries with sun dried tomato ketchup... 11.99

TURKEY & CRANBERRY

Roast turkey, cranberries, mayo & lettuce
Yes, real roast turkey!

SWEET CURRIED CHICKEN SALAD SANDWICH

Diced chicken, celery, curry, mango, raisins, almonds, mayo & lettuce.

A Favourite

EGG SALAD SANDWICH

Egg salad, mayo, green onions & lettuce
Just like at the Ninga Rink.

VEGGIE HUMMUS

Carrots, beets, chick pea hummus, tomato, cucumber, sweet chili sauce & lettuce.

Yummy & Healthy!

GOURMET PIZZA

It's Back!

Flatbread crust... whole pizza... 11.99 half pizza... 7.99
Lovely with a wine & cheese or caesar salad add 3.99
Homemade gluten free crust add 2.00

THE LADY

Basil pesto, spinach, tomato, green olives, mozza and goat cheese, drizzled with aged balsamic

THE PRINCE

Basil pesto, grilled chicken breast, tomato, roasted garlic, mozza and parmesan, drizzled with aged balsamic

LADY

HOT STUFF

Served with prairie fries & sun dried tomato ketchup
or with cup of soup, small salad... 17.99
or with tortilla chips & salsa, veggies & dip... 15.99

EXCALIBURGER

A thick slice of meatloaf on a toasted organic whole-wheat bun with sweet chili sauce, mayo, mustard, lettuce, tomato, red onion, cheddar & bacon

This one's for
you gents...

HOT MAMMA MEATLOAF SANDWICH

Homemade meatloaf served open faced with rosemary mushroom gravy and grilled onions

YUM!

GUINEVEGGIE BURGER

A chickpea, rice & veggie patty with sweet chili sauce, mayo, mustard, lettuce, tomato, red onion & cheddar on an organic whole-wheat bun

CHIPOTLE CHICKEN CLUB

Roast chicken, tomato, bacon, cheddar cheese & spicy chipotle mayo on sourdough rye

WRAP ME UP IN WHOLEWHEAT

Served with prairie fries & sun dried tomato ketchup
or with cup of soup, small salad... 17.99
or with tortilla chips & salsa, veggies & dip... 15.99

THAI CHICKEN WRAP

Herbed chicken breast, rice, carrots, spinach, pineapple, sweet chili sauce & Thai peanut sauce wrapped in a whole-wheat wrap

PESTO WRAP

Herbed chicken breast, rice, spinach, tomato, red onion, ranch and pesto mayo

BREAKFAST WRAP

2 scrambled eggs, bacon or broccoli, potatoes, salsa, crema & melted cheddar

DESSERTS

Ask your server for todays selections...

BAKED CHEESECAKE

New York Style made right here from scratch... 8.99

HOMEMADE ASSORTED PIE

Whole-wheat crust, warmed with ice cream... 7.99

RAISIN BREAD PUDDING

Warmed & smothered in rum sauce with gourmet vanilla ice cream... 6.99

DELICIOUS BROWNIE

A gluten free treat everyone loves!
Warmed with gourmet vanilla ice cream... 5.99

GOURMET TRUFFLE

Rich, creamy, delicious & just the right size... 2.50

DRINKS

REFRESHING DRINKS

GIGGLE JUICE cranberry & ginger ale... 3.50

ICED TEA Pure Leaf lemon... 3.50

JUICE orange, apple, cranberry, pineapple... 3.50

POP Pepsi, diet Pepsi, ginger ale... 2.99

COFFEE

ORGANIC FAIR TRADE COFFEE... 2.99

CAPPUCCINO... single 3.99 double 4.99

LATTE... single 3.99 double 4.99

ESPRESSO... single 2.99 double 3.99

HOT CHOCOLATE... 3.99

STEAMER - with flavor shot... 3.99

Add a flavour - vanilla, hazelnut, caramel for 1.00

TEA

BLACK - red rose, organic earl grey,
cochin masala chai, peach apricot

GREEN - organic jasmine gold dragon

HERBAL - berry berry, wellness serenity, peppermint

ROOIBOS - organic roman provence

\$5 BOTTLED BEER

DOMESTIC Farmery, Grasshopper, Little Scrapper IPA,
New Grist - gluten free, Bud Lite, Budweiser, Coors Lite,
Moosehead 5.00

IMPORT Corona, Heineken, Strongbow - gluten free 7.00

\$5 6oz. WINE

JACKSON TRIGGS chardonnay

NAKED GRAPE sauvignon blanc

JACKSON TRIGGS merlot

FRONTERA cabernet sauvignon

GALLO FAMILY white zinfandel

\$5 10z. COCKTAILS

CRIMSON MARTINI
raspberry vodka, cranberry & orange juice

LEMON BERRY
smirnoff vodka, cranberry juice with a fresh squeeze of lemon

SPICY CAESAR
smirnoff vodka, clamato, secret spices

MICHELADA
clamato, farmery beer, spices, tabasco

Lady of the Lake

MUNCHIES

COCONUT SHRIMP TACO \$5 each
Crisp coconut & panko crusted shrimp with cabbage slaw, on a corn tortilla. Served with pineapple jalapeno sauce.

MEXICAN NACHOS ← perfect to share!
Corn chips, tomato, peppers, red onion, green olives, jalapenos, cheddar, cilantro, crema & salsa
small 7.99 | large 11.99 | add chicken 4

ANTOJITO ←
Whole-wheat tortilla with melted cheddar, chipotle mayo, peppers, onions, tomatoes, rolled and sliced for dipping. Served with crema. 9.99 | add chicken 4

BRIE & MANGO CHUTNEY
Creamy brie cheese topped with mango chutney & served with toasted flatbread. half wheel 9.99 | full wheel 15.99

CHIPOTLE BBQ RIBS TO SHARE
Our secret recipe, slowly cooked full rack 15 | half rack 10

TODAY'S SOUP
Served with fresh biscuit or tortilla chips & salsa
cup 3.99 | bowl 5.99

Add a side: **Prairie Fries \$5** | **Salad \$5**,
Chips & Salsa \$5 | **Biscuit \$2**

EAT YOUR GREENS

Served with fresh biscuit or tortilla chips & salsa
small 8.99 | large 12.99

Add grilled chicken breast 4 | coconut or garlic shrimp 4

SPINACH SASKATOON
Spinach, broccoli, oranges, almonds, red onion & our Saskatoon vinaigrette.

WINE & CHEESE ← fan favorite!
Mixed greens, goat cheese, red grapes, pecans & our balsamic vinaigrette; great with chicken

MEADOW ←
Mixed greens, carrots, beets, tomatoes, cucumbers & our balsamic vinaigrette

CAESAR
You know it! Served with our lemon garlic dressing

DESSERTS

BAKED CHEESECAKE
New York Style made right here from scratch 8.99

HOMEMADE ASSORTED PIE
Whole-wheat crust, warmed with ice cream 7.99

RAISIN BREAD PUDDING
Warmed & smothered in rum sauce with ice cream 6.99

DELICIOUS BROWNIE
A gluten free treat everyone loves with ice cream 5.99

Lady of the Lake

FRIDAY FEATURES

Entrees are served with garlic mashed potatoes with rosemary gravy or prairie fries and green salad

STEAK & SHROOMS

A hand cut 10oz. grilled sirloin steak cooked to your liking served with sautéed mushrooms and onions 22

SURF & TURF

Our 10oz. grilled sirloin steak with sautéed mushrooms and onions accompanied by your choice of coconut shrimp with pineapple jalapeno sauce or garlic shrimp 27

CHIPOTLE BBQ RIBS

Tender, slow cooked ribs with a spicy chipotle bbq sauce full rack 25 | half rack 20

COCONUT SHRIMP

Crunchy coconut & panko crusted shrimp with pineapple jalapeno sauce 20

GARLIC SHRIMP

Juicy shrimp sautéed in herbed garlic butter 20

HOT STUFF

Served with prairie fries or side salad 18

EXCALIBURGER

A thick slice of meatloaf on a toasted organic bun with bacon, cheddar, tomato, lettuce, red onion, sweet chili sauce, mayo & mustard

HOT MAMMA MEATLOAF SANDWICH

Homemade meatloaf served open faced with flavourful rosemary gravy, grilled mushrooms & onions

GUINEVEGGIE BURGER

A chickpea, rice & veggie patty with cheddar, tomato, lettuce, red onion, sweet chili sauce, mayo & mustard on an organic whole-wheat bun

CHIPOTLE CHICKEN CLUB

Roast chicken, bacon, cheddar, tomato & spicy chipotle mayo on toasted sourdough rye

FLATBREAD PIZZA

Lovely with a wine & cheese or caesar salad add 5
Homemade gluten free crust add 2

THE LADY

Spinach, tomato, green olives, mozza and goat cheese, basil pesto, drizzled with aged balsamic 12

THE PRINCE

Grilled chicken, tomato, roasted garlic, mozza and parmesan, basil pesto, drizzled with aged balsamic 12

THE LANCELOT

Shrimp, bacon, sauteed mushrooms & onions, sour cream and mozza drizzled with sweet chili sauce 14

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KID'S
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LAKE MENU
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meals include one side and drink

PIZZETTA - pizza with tomato sauce, & mozzarella cheese .6.99

COOL WICH - half turkey, egg salad, curry chicken salad or veggie hummus sandwich on multi-grain .6.99

ROYAL GRILLED CHEESE - cheddar cheese melted on multi-grain .6.99

QUESADILLA - chicken, cheddar cheese & tomato baked & served with crema & salsa ... 8.99

MINI NACHOS - tortilla chips, chicken, cheddar cheese & tomato baked and served with crema & salsa ... 8.99

CHOICE OF SIDES FOR LUNCH

meadow, caesar or fruit salad
 veggies & dip
 prairie fries
 chips & salsa
 cup of soup

CHOICE OF DRINK

giggle juice (ginger ale & cranberry)
 white or chocolate milk,
 orange, apple, pineapple or cranberry juice

DESSERT

COOKIE - chocolate chunk, oatmeal raisin
 white chocolate macadamia nut 1.50
ICE CREAM with chocolate or fruit sauce 2.59

